

Jensen Adaptive Change AB

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Elisabet Jensen

Agile Coach SPC, Certf Coach ACC,
Change and Development Manager

I have a drive for personal and team development – I know that when we have the tools, and our needs are met – we can all be brilliant in what we do

I have a proven track record in building strong teams, motivate and inspiring people.

I am a trained Coach with a focus on self-leadership and leadership for managers, employees, and individuals. Main area has been with technical educated people with focus on self-leadership and teamwork. I have also worked with leaders to strengthen their ability to be a coaching leader to get empowered team in a Lean – Agile way.

Summary of work experience:

- Release manager and Agile Coach in a supporting organization for the Swedish healthcare. IAM solutions.
- SAFe transformation in a large insurance and banking company, with the assignment to do an assessment on the implementation and reinforce Lean/Agile and SAFe in a program.
- Several major programs/product companies where I had roles as project manager, Agile Coach, Product Owner, Scrum Master and manager. The work has included everything from requirements, development management, testing and implementation. All the companies were in an Agile transformation phase where I had a leading part.
- In one of my roles, I developed and implemented a new organization involving the IT department, operations, and management. The organization was based on Agile methods, PM3 with focus on customer and delivery.
- At a Product Company, I was head of the Product Owner group, where I also developed a new test strategy and was responsible for the implementation.

I have a drive, love what I do and have the ability to motivate people around me.

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Assignment / Employment

Jensen Adaptive Change AB (2019 Aug - ongoing)

Owner, Security Manager

Consultant: Agile Coach SPC, Coach ACC-ICF, Change and Development Manager

Ongoing assignment.

Inera AB 2022 feb – Release Manage, Agile Coach Consultant in a infrastructure department at Inera working with IAM solutions

Methods; Agile – Lean

Tools; Atlassian, Azure DevOPS

Latest assignments:

Cambio Group in a larger customer project, 2022 - 7 months, as a senior project consultant supporting test and relations to customer

Methods: Project management and coaching

Länsförsäkringar AB in a larger program (MDM) – 2021 -11 months, **Agile Coach SPC, Product Owner**

Working as an Agile Coach to reinforce SAFe in a larger program.

Methods; SAFe, Coaching ICF, Tools; Azure DevOPS

Pricerunner (hours) – 9 months – 2021, Agile Coach SPC, Coaching ACC ICF

Methods; Lean – Agile, Coaching ICF

SAAB Group, Combat Systems (9LV), Järfälla (2019/08/05 - 2020/12/31)

Tools & Methods: Agile, Lean, SAFe, DAD, Program Management

Certification: SPC (SAFe Program Consultant) Product Owner, Scrum Master

Certified Coach ACC: Coaching for Leaders, employees, and private persons in the area self-leadership (management) and leadership.

FRA (2017 Oct - 2019 Aug)

Placement in a military position in Security level 1-2, which means that I am unable to disclose any details regarding the assignment or employment.

"There are several nice features in Elisabet! She is persistent, with a constant quest to make things better. Elisabet is thoughtful, thinks holistically, challenges outdated ways of working and focuses on changing culture. Constantly read in the latest leadership ideas and has the ability to intertwine theory with concrete practice. Elisabet is the Agile Coach who makes a difference, the one who turns problems around and finds possible solutions. She gives of her time when her colleague needs advice. The ballpark that many of us have turned to. If you have a development project that needs to be managed, or a team that needs agile coaching, Elisabet is the one you are looking for!"

— Richard Svahn, PMO, Portfolio, Project Management

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Softronic AB, Project Manager, Development Manager in eHealth (2015 Mar-2017 Oct)

Responsible for totally 4 assignments. The largest project was the 1177 Healthcare Advisory, where I had the role of Operational Project Manager and Scrum Master for the development team. Another assignment was an e-referral solution to be able to send eReferrals between different formats/systems. Two projects where we developed apps for contact between patients and healthcare providers. I also had the role of Agile Coach and as a senior Project Manager coaching the new project managers.

Tools & Methods: Agile, Lean, Project Management, Jira, Office

“Elisabet is a project manager who, with her long experience, quickly becomes acquainted with new businesses and with a short starting distance becomes productive and adds value for her clients. Elisabet brings with her a deep knowledge of project methodology and can both implement and develop the right model for the right assignment. Elisabet works with high energy and is a very popular employee and a distinct team player.”

— Elias Nilsson, Konsultchef

Capio St Görans Hospital, Project Manager, Change Manager (2014 May - 2015 March)

Developed and implemented a new organization for the management and development of the care-related systems used at Capio St Görans's hospital. The organization now promotes collaboration between IT and the business, increases transparency, ensures quality and efficiency. The work is supported by Lean, Agile working methods (Scrum) and to some extent PM3's management model.

Tools & Methods: PM3, Agile, Lean, Jira

“Elisabet is a very dedicated project manager. With a strong focus on target she realizes that the devil may dwell in the details. Elisabet has a strong understanding of the Swedish health care context. By joining this with a knowledge of health care digitalization she is a strong driver for change. Elisabet is devoted to the task, loyal to the team and organization and straight forward honest person. We were lucky to have Elisabet in our organization as a digitalization change manager!”

— Niclas Skyttberg, Chefläkare

Cambio Healthcare System, Development Coordinator (2014 Feb - 2014 May)

Coordinated development team in a major software product together with TPO (Technical Product Owners).

Cambio Healthcare System, Product Specialist, Manager, Agile Coach (2010 Sep - 2014 Feb)

Worked as a Product Owner for the Medication module in the eHealth system at Cambio. The development team was located in Sri Lanka and worked partly on site in Sri Lanka.

Implemented Lean software development processes in the teams and improved the Agile working methods (Scrum). Also developed a new test method to test the quality of the product efficiently and safely. The method included a risk analysis that was the basis for the entire test operation and planning.

For the last 1.5 years, I worked as the head of the Product Specialists for the standard product. Implemented the test methodology for all teams and coached them in Agile, Lean methods and tools.

Tools & Methods: Agile, Lean, Cambio Test Structure and Risk Management, Jira, Office

“I have worked with Elisabet for several years and am happy to recommend her. Her lean thinking, high quality focus and customer orientation makes her a strong driving force. She is also a well appreciated colleague with a proven track record in growing strong teams. I will happily work with Elisabet again if I get the opportunity. She is an asset to any organization.”

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— Malin Laudon, Director Product Development



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“Elisabet is simply a “package of standout talents”. “Efficient and smart” are the key words come into my mind when I think about Elisabet. I had the pleasure to work with her for almost 4 years. Best thing is that she fine-tuned the process for our team to eliminate almost all waste and developed “Lean” thinking pattern in the team. Ultimate result was smooth work flow and guaranteed productivity. She is a person with a sound knowledge who can turn any team to a productive team in any environment.”

— Roshan Indika, Senior Tech Lead

“I had the pleasure of working with Elisabet for two years at the Cambio Software Engineering where she was my product owner in one of the product teams I have worked with. I can mention her as one of the very inspiring persons I have ever worked with. She exhibits strong interpersonal skills and is also a very committed person who puts her maximum to achieve the required goals in a project. She has a good capability to motivate a team to reach the goals and deadlines of a project and to make it a success. She is also a positive attitude person and serves as a person who tries her best to overcome outside barriers to her team. She never forgets to give necessary recognition to people who worked under her and helped to make the work a success.

Any employee would be lucky to have Elisabet as a leader/manager.”

— Udeesha Isurinda, Tech Specialist

Capio St Görans Hospital IT department, Project Manager, System Manager (2006 Aug - 2010 Sep)

Responsible for the Documentation and Medication module in the eHealth system used at Capio, which included ensuring the quality and use of the product. I introduced a user license for all doctors at Capio St Göran's hospital in the Medication module, which meant that all users had to pass a certification before being granted access to the system.

Program leader for an IT security project - to implement the new Patient Data Law (2008), which results in stricter regulations for information management, leadership and handling of security and continuity issues. The program consisted of several sub-projects; technical platform set of HSA catalog, information security, information classification, Continuity Plan.

Tools & Methods: Agile, Lean, Cambio Test Structure and Risk Management, Jira, Office

“Elisabet has a developed ability to manage and lead projects/missions. She is loyal, responsible and has an eye for the “why” various changes must be implemented. Elisabet is very self-propelled as e.g. demonstrated by using the evenings to read up and learn more about the necessary conditions for the final result. Elisabet will be a great asset for any business and area she chooses continued cooperation with her because she is a strong driving force that takes great responsibility. ”

— Maria Wijk, IT Chef

Specialist nurse Capio St Görans Hospital, (2001 March - 2006 Aug)

Full-time Specialist Nurse. Responsible of implementation of the hospital's new EHR system.

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Previous employment

- 1998–2001, Nurse at a Surgical Care Department and responsible for the care documentation. Normal work as a nurse at a surgical ward with special responsibility for the medical record documentation.
- 1997–1998, Nurse at a Surgical Emergency Department at Helsingborg Lasarett.
- 1993–1997, Nurse at a surgical ward for gastrointestinal disorders.
- 1986–1993, Assistant Nurse at the Intensive Care Unit at St Görans Hospital

Training

- Karolinska Institute, Certified Nurse in Intensive Care (2001–2002)
- Årsta Vårdhögskola, Registered Nurse (1991-1993)
- Diploma Coach training (2019)

Courses

- Basic security protection, Försvarshögskolan, MSB (2019)
- Conflict management for managers and leaders (FRA)
- Feedback for managers and leaders (FRA)
- UGL, 2018
- Citerus, Certified Scrum Product Owner (CSPO), Scrum, (2013)
- Astrakan, Project Management (2010)
- Scrum.org, Professional Scrum Master, Scrum.org, 2016
- Computer Association Competence, Strategic Information Security (2009)
- Basic concepts, information security processes, security guidelines, organization of information security, investment in information security, classification of information assets, risk management and risk analysis, legal aspects of information security, system management system (ISMS), measurement of information security.
- KTH Royal Institute of Technology, Computer Science (2007)
- Karolinska Institute, Clinical supervision (2003)

Certification

Coach ACC – ICF - 2022

Agile Coach SPC - 2021

Scrum Master – 2016

Product Owner - 2013

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Award

2011 QM Quality Awards at Cambio Healthcare Systems

Justification: Awarded 2011 from a Quality Work Perspective, with continuous improvements in Cambio's operations in mind: *Elisabet Jensen*

"For her courage to say no, raise the quality to a higher level. To disseminate knowledge of the reality of our end users to Cambio employees, to inspire and encourage them to participate in quality-enhancing activities. To have a tremendous focus on patient safety."

Scholarship

Center for Health Sciences, 1992 June

For a study aimed at developing a method for journal review. Supervisor: Ann Gardulf (Huddinge Hospital) Gun Nordström (SÖS)

Language

- **Swedish** - Native language
- **English** - Fluent in speech and writing

Other

- Suitable for all types of security testing
- Driving license & Car
- Resident in Tyresö, south of Stockholm, Sweden. Two grown up daughters, two cats and my partner Mathias.